



APPETISERS

HOME MADE PATE, APPLE CIDER CHUTNEY AND CRUSTY BREAD ROLL.....	£5.25
CHICKEN SATAY, SPICY PEANUT SAUCE, CORIANDER SALAD.....	£5.95
CLASSIC CHICKEN CAESER SALAD WITH CRISPY BACON, ANCHOVIES AND PARMESAN CROUTONS..	£5.25
GOAT'S CHEESE AND BASIL MOUSSE, APPLE CHUTNEY BRUSCHETTA, MAPLE & WALNUT DRESSING	£5.25
HOME SMOKED DUCK, DUCK AND PLUM SAUCE SPRING ROLL, CORIANDER SALAD.....	£6.25
MOZZARELLA AND CHILLI ROASTED SQUASH SALAD WITH TOASTED PINE NUTS.....	£5.95
WILD MUSHROOM RISOTTO, WHITE TRUFFLE OIL, PARMESAN CREAM.....	£5.25
WATERMELON AND FETA SALAD WITH TOASTED PINE NUTS.....	£5.25
CHILLED MELON & PARMA HAM, TOMATO & OLIVE DRESSING.....	£5.25
ROAST MUSHROOM, PINE NUT & GOAT'S CHEESE TART WITH PESTO DRESSING.....	£5.25
RARE ROAST BEEF & WATERCRESS SALAD, HORSERADISH NEW POTATOES & WALNUTS.....	£5.50

FISH STARTERS

HOME MADE FISH CAKES WITH SWEET CHILLI SAUCE.....	£6.25
CORNISH CRAB BRUSCHETTA WITH SLOW ROAST TOMATO AND BASIL SALAD.....	£6.25
THAI MARINATED TIGER PRAWNS, GRAPEFRUIT, MANGO AND MINT SALSA.....	£6.95
SEARED TUNA, NICOISE SALAD, BALSAMIC CREME FRAICHE.....	£6.25
HOME SMOKED SALMON, SPICES AVOCADO, WEST COUNTRY CRAB MAYONNAISE.....	£6.25
SEARED SCALLOPS AND SLOW COOKED PORK BELLY SALAD, APPLE CIDER CHUTNEY.....	£6.25
CLASSIC PRAWN COCKTAIL, AVOCADO MOUSSE, BROWN BREAD & BUTTER.....	£5.95
LIGHT MOUSSE OF SMOKED MACKEREL, SMOKED SALMON & HORSERADISH.....	
PICKLED VEGETABLES & CRISPY CIABETTA.....	£5.95
SMOKED SALMON BLINI, DILL CREME FRAICHE, HERB SALAD.....	£6.25
SEAFOOD RISOTTO, SALSA VERDE DRESSING, SHAVED PARMESAN.....	£6.25
MINI SMOKED HADDOCK & SCALLOP FISH PIE, TOPPED WITH GRUYERE & PARSLEY BREADCRUMBS.	£6.25

SOUPS

LEEK AND POTATO WITH CRUMBLED GOAT'S CHEESE.....	£4.25
POTATO ROCKET AND CHILLI.....	£4.25
CARROT AND CORIANDER.....	£4.25
CREAM OF MUSHROOM.....	£4.25
THAI BUTTERNUT AND SWEET POTATO.....	£4.25
ROAST CHICKEN AND LEMON THYME.....	£4.25
CARAMELISED PARSNIP.....	£4.25
ROAST TOMATO AND BASIL.....	£4.25
MINISTRONE WITH BASIL AND PARMESAN.....	£4.25



MAIN COURSES

FISH

ROAST SALMON FILLET, SMOKED SALMON & CRUSHED PEA FISHCAKE, WARM SALSA VERDE TOSSED VEGETABLES.....	£13.95
BAKED FILLET OF SALMON, MINI FISH PIE, BUTTERED GREEN VEGETABLES , PEA PESTO.....	£13.95
BLACKENED LEMONGRASS SALMON, TIGER PRAWN SKEWER, WITH THAI CURRY SAUCE AND COCONUT BASMATI.....	£13.95
WHOLE ROAST OR FILLETS OF SEA BASS, ROAST MEDITERRANEAN VEGETABLES, BASIL DAUPHOISE POTATOES AND SAFFRON SAUCE.....	£15.95
WHOLE ROAST OR FILLETS OF SEA BASS, CORNISH CRAB, LEEK & TOMATO RISOTTO WITH A WARM TOMATO DRESSING.....	£16.95
WHOLE ROAST OR FILLETS OF SEA BREAM, CRISPY NEW POTATOES & VEGETABLES WITH CAPER & HERB BUTTER.....	£15.95
WHOLE ROAST OR FILLETS OF SEA BREAM, PESTO MASHM BASIL, GARLIC AND LEMON ROAST VEGETABLES.....	£15.95
CHARRED TUNA STEAK, SUN BLUSHED TOMATO & AUBERGINE COUS COUS, ROAST TOMATO & LENTIL SALSA.....	£15.95

VEGETARIAN

TRIO OF VEGETABLE RISOTTO'S (PLEASE CHOOSE THREE OF THE FOLLOWING).....	£12.95
ROAST GARLIC – THYME & ALMOND – TOMATO & OLIVE – GOAT'S CHEESE SAFFRON – FETA & ROAST TOMATO WILD MUSHROOM – PESTO AND PINE – SPRING VEGETABLE – WINTER VEGETABLE	
COURGETTE AND SAFFRON RISOTTO CAKES, CREAMED LEEKS, BASIL OIL, ROAST VEGETABLES.....	£12.95
PAN FRIED POTATO GNOCCHI, TOSSED WITH GREEN BEANS, BALSAMIC ROAST RED ONIONS, FETA CHEESE AND TOASTED PINE NUTS.....	£12.95
CHILLI AND GARLIC RUBBED FLAT MUSHROOMS, ROASTED WITH GOAT'S CHEESE, WITH CREAMY ROOT VEGETABLE GRATIN.....	£12.95
HERB ROASTED MEDITERRANEAN VEGETABLE COUS COUS.....	£12.95



POULTRY

LEMON AND THYME ROAST BREAST OF CHICKEN , CREAMY DAUPHINOISE POTATO, ROAST ROOT VEGETABLES AND CHASSEUR SAUCE.....	£13.95
CLASSIC ROAST CHICKEN , SAGE & LEMON STUFFING, ROAST VEGETABLES & POTATOES, ROAST GRAVY.....	£13.95
CHARRED CHICKEN BREAST , SAGE, ONION AND PARMESAN RISOTTO, ROAST MEDITERRANEAN VEGETABLES.....	£13.95
THAI MARINATED FREE RANGE CHICKEN BREAST , COCONUT, MANGO AND CORRIANDER BASMATI, ROAST BUTTERNUT SQUASH.....	£13.95
ROAST DUCK BREAST , CHORIZO TOSSED VEGETABLES, CRISPY POTATOES, RED WINE SAUCE AND CHORIZO OIL.....	£16.95
PAN FRIED DUCK BREAST , SWEET RED ONION JUS, SPICED RED CABBAGE & DAUPHINOISE POTATOES	£16.95
CONFIT DUCK LEG , ROAST GARLIC MASH, GREEN BEANS, SPINACH AND BASIL, WARM TAPENADE.....	£13.95
ROAST DUCK BREAST , CONFIT DUCK LEG, ROAST VEGETABLES & DUCK FAST ROAST POTATOES	£14.95

MEAT DISHES

ROAST RIB OF BEEF , YORKSHIRE PUDDING, ROAST VEGETABLES AND ROAST GRAVY.....	£13.95
FILLET OF SCOTCH BEEF , BRAISED BEEF BOURGINION SAUCE, CARAMELISED PARSNIPS AND PARSNIP MASH.....	£17.95
SLOW BRAISED BEEF STEAK IN GUINNESS WITH ROOT VEGETABLES, SMOKED BACON AND HORSERADISH MASH.....	£13.95
CHARRED 8OZ RIB EYE STEAK COOKED MEDIUM RARE, CRISPY POTATOES, MUSHROOMS GREEN BEANS AND TOMATO WITH BEARNAISE SAUCE.....	£15.95
RED WINE AND ROSEMARY BRAISED LAMB SHANK WITH ROOT VEGETABLE MASH.....	£14.95
ROAST LOIN OF LAMB , SUMMER OR WINTER VEGETABLES, CRISPY POTATOES, ROSEMARY LAMB JUS	£15.95
ROAST LEG OF LAMB , ROSEMARY ROOT VEGETABLES, ROAST POTATOES, LAMB & MINT GRAVY.....	£14.95
SLOW COOKED LAMB HOTPOT , GLAZED WITH MATURE CHEDDAR WITH SPICED RED CABBAGE	£12.95
CHARRED LAMB CHOPS , SLOW COOKED CUMIN SPICED SHEPPARD'S PIE, NICOISE STYLE VEGETABLES WITH LAMB JUS.....	£14.95
TWICE COOKED CRISPY BELLY PORK , CREAMY CABBAGE AND BACON, HERB ROASTED POTATOES.....	£13.95
ROAST LOIN OF PORK , ROSEMARY ROAST VEGETABLES, CREAMY MASH AND ROAST PORK JUS.....	£13.95
ROAST FILLET OF PORK , POTATO & APPLE HOTPOT, CRUSHED CARROTS, SWEDE & BUTTERNUT LIGH PORK AND CREAM SAUCE.....	£14.95



DESSERTS, PUDDINGS AND CHEESE

APPLE & CINNAMON PIE WITH DEVONSHIRE CREAM.....	£4.25
BLACKBERRY & APPLE CRUMBLE WITH DEVONSHIRE CREAM.....	£4.25
CHOCOLATE FUDGE CAKE WITH DEVONSHIRE CREAM.....	£4.25
WHITE CHOCOLATE AND RASPBERRY CHEESE CAKE WITH RASPBERRY SORBET.....	£5.25
CLASSIC LEMON TART, PISTACHIO CREME FRAICHE.....	£5.25
GLAZED ORANGE AND CARDAMOM TART, ORANGE SORBET.....	£5.25
MANGO PANNA COTTA, VANILLA FRUITS, DARK CHOCOLATE ICE CREAM.....	£5.25
CLASSIC VANILLA CREME BRULEE, ALMOND BISCOTTI, ORANGE SORBET.....	£5.25
ESPRESSO CREAM FILLED PROFITEROLES, WARM CHOCOLATE SAUCE, EXPRESSO ICE CREAM.....	£5.25
CLASSIC APPLE TART TATIN, VANILLA ICE CREAM, TOFFEE SAUCE.....	£5.25
STICKY TOFFEE PUDDING WITH TOFFEE ICE CREAM.....	£5.25
CHOCOLATE BREAD AND BUTTER PUDDING, WHITE CHOCOLATE ICE CREAM.....	£5.25
WARM CHOCOLATE, CHERRY AND WALNUT BROWNIE, CHOCOLATE SAUCE, CHERRY ICE CREAM.....	£5.25
HOT CHOCOLATE AND ORANGE PUDDING, VANILLA ICE CREAM.....	£5.25
SUMMER BERRY PAVLOVA, STRAWBERRY AND VANILLA SAUCE, RASPBERRY SORBET.....	£5.25
SORBETS AND ICE CREAMS.....	£4.50
A SELECTION OF WEST COUNTRY CHEESES, CHUTNEY, FRUIT AND BISCUITS.....	£6.95
COFFEE AND MINTS.....	£1.75



FORK BUFFET

£28.00 PER PERSON

**PLEASE SELECT A MAXIMUM OF :
TWO STARTERS, FOUR MAINS, FOUR SALADS AND TWO DESSERTS:**

STARTERS

HOME MADE CHICKEN LIVER PÂTÉ WITH APPLE AND
CIDER CHUTNEY AND CRUSTY BREAD ROLL
SMOKED MACKEREL PÂTÉ
CHICKEN SATAY AND PEANUT SAUCE
MELON AND PARMA HAM SALAD
VEGETABLE COUS COUS, FETA AND OLIVE SALAD
SMOKED SALMON SALAD
SEAFOOD SALAD

MAIN

RARE ROAST BEEF AND HORSERADISH CRÈME FRAÎCHE
HONEY ROAST HAM AND CELERIAC COLESLAW
ROAST LOIN OF PORK AND APPLE SAUCE
ROAST TURKEY AND CRANBERRY RELISH
ROAST SALMON DILL AND MUSTARD CRÈME FRAÎCHE
SMOKED FISH PLATTER AND SALSA VERDE SAUCE
WEST COUNTRY CHEESES, OLIVES AND BREADS

SALADS

HERB ROASTED NEW POTATOES
MIXED LEAF SALAD
CAESAR SALAD WITH ANCHOVIES, BACON AND PARMESAN CROUTONS
POTATO AND ROCKET SALAD WITH LEMON
COUS COUS, FETA, OLIVE AND ROAST TOMATO SALAD
ROAST TOMATO, BASIL, PINE NUT AND GOAT'S CHEESE SALAD
GREEK SALAD
COLESLAW
NIÇOISE SALAD

DESSERTS

CHOCOLATE CHERRY AND WALNUT BROWNIE
WHITE CHOCOLATE AND RASPBERRY CHEESECAKE
MINI BRÛLÉE
CHOCOLATE BREAD AND BUTTER PUDDING
CITRUS TART
SUMMER BERRY PAVLOVA
FRESH FRUIT SALAD
PROFITEROLES

COFFEE AND MINTS



CHILDRENS MENU

Two Course	£11.50 per child
Three Course	£13.50 per child

Soup with bread roll and butter

Melon and Berries

Roast Breast of Chicken

with roast potatoes and roasted vegetables

Breaded Fillets of Chicken

with sweet corn and choice of mash or chipped potatoes

Penne Pasta with Tomato or Bolognese Sauce

6oz Beefburger in a Bap

garnished with salad and served with chipped potatoes

Fish Goujons

with garden peas and choice of mash or chipped potatoes

Selection of Ice creams

Fresh Fruit Salad



NEW
CONTINENTAL
HOTEL

DRINKS PACKAGE

CONTINENTAL	£11.50 per person
DE LUXE	£15.00 per person
EXECUTIVE	£19.50 per person
CHILDS	£ 7.50 per child

Alternatively if the Drinks Package is not required

Sangria or Sherry	£2.80 per glass
Pimms & Lemonade	£3.30 per glass
Bucks Fizz	£3.00 per glass
Red/White House Wine (175ml)	£3.60 per glass
Sparkling Wine	£3.30 per glass
Champagne	£7.00 per glass

EVENING FINGER BUFFETS

£10.00 PER PERSON

SELECTION OF SANDWICHES
BEEF AND POTATO PASTIES
CHICKEN SATAY WITH PEANUT SAUCE
SELECTION OF BAKED QUICHES
MINI SAUSAGE & MASH WITH TOMATO RELISH
POTATO WEDGES WITH A SOUR CREAM & CHIVE DIP

£12.00 PER PERSON

SELECTION OF SANDWICHES
BREADED CHICKEN GOUJONS
WITH A LEMON HERB MAYONNAISE
BEEF AND POTATO PASTIES
MINI YORKSHIRE PUDDING
STUFFED WITH BEEF AND HORES RADISH SAUCE
SELECTION OF BAKED QUICHES
MINI CAESAR SALAD TARTS
FETA AND OLIVE

